## PSY 791-002 Advanced Psychological Practice Fall 2021

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Office Hours: MWF 8:00-9:00; R 2:00-3:00; by appointment

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Class Time: R 4:00-4:55

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. The phone number is 270.745.5004 [270.745.5121 V/TDD] or email at sarc@wku.edu. Please do not request accommodations directly from the professor or instructor without a letter of accommodation (LOA) from The Student Accessibility Resource Center.

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at <a href="https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf">https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf</a> and Discrimination and Harassment Policy (#0.2040) at <a href="https://wku.edu/policies/hr">https://wku.edu/policies/hr</a> policies/2040 discrimination harassment policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

All students are strongly encouraged to get the COVID-19 vaccine. Out of respect for the health and safety of the WKU community and in adherence with CDC guidelines and practices of all public universities and colleges in Kentucky, the University requires that a cloth face covering (reusable or disposable) that covers both the nose and mouth must be worn at all times when in public areas within all buildings. Students must properly wear face coverings while in class regardless of the room size or the nature of the classroom activities. Students who fail to wear a face covering as required will be in violation of the WKU Student Code of Conduct and will be asked to comply or will face disciplinary action, including possible dismissal from the University. Accommodations can be requested in special cases through the Student Accessibility and Resource Center (SARC): 270-745-5004 (voice), 270-745-3030 (TTY), or 270-288-0597 (video).

All students must immediately report a positive Covid-19 test result or close contact with a person who has tested positive to the Covid-19 Assistance Line at 270-745-2019. The assistance line is available to answer questions regarding any Covid-19 related issue. This guidance is subject to change based on requirements set forth by public health agencies or the office of the governor. Please refer to the Healthy on the Hill website for the most current information. <a href="www.wku.edu/healthyonthehill">www.wku.edu/healthyonthehill</a>

### **Course Description/Prerequisites:**

Prerequisite: Admission to the Applied Psychology Psy.D. program or by permission of instructor.

Advanced field experience for doctoral students. Applied Students are responsible for their own transportation to practicum sites.

#### **Purpose:**

This course is designed to allow doctoral students to accrue applied/intervention hours for internship applications. The advanced practicum allows students to hone their therapy and assessment skills, and develop skills in new areas. Additionally, the practicum provides students and supervisors with the opportunity to evaluate student skills and knowledge within a controlled supervised setting.

#### **Objectives of the course:**

At the end of this course, you should be able to:

- 1. integrate knowledge and skills in psychology to provide direct services to clients and their families including psychotherapy, behavioral interventions, assessment, and treatment planning;
- 2. demonstrate the ability to use appropriate therapeutic/behavioral interventions based on client needs;
- 3. demonstrate the ability to complete an appropriate assessment for a referral question, including selecting assessment measures appropriate for the evaluation; administering, scoring, and interpreting the measures; writing a final report for the evaluation; and providing feedback to the client;
- 3. demonstrate the ability to document services provided, provide accurate case formulation, make appropriate diagnoses/disability identifications, and create useful treatment/education plans;
- 4. demonstrate adherence to the professional ethics and practice guidelines as set forth by the American Psychological Association;
- 5. demonstrate an advanced understanding of individual differences and cultural diversity in the provision of psychological services;
- 6. demonstrate the ability to work collaboratively on intra- and inter-agency staff teams, including consultation with other mental health providers;
- 7. demonstrate the ability to be an active participant in the supervision process and set effective goals for supervision; and
- 8. if applicable, work as an effective supervisor/mentor with supervisees/trainees.

#### **Program Learning Objectives:**

This course meets the following learning objectives for the Doctor of Psychology in Applied Psychology Program:

- 1.1. Synthesize principles from the science of psychology and apply them to behavioral health problems in a variety of settings, adapting to issues of cultural and individual diversity, including socioeconomic status and the rural environment.
- 1.2. Describe the theories, methods, measurement tools, data analysis, results and development of scientific psychology by studying the subfields that explore human behavior, affect, and cognition and the influences of biology and society.
- 1.3. Apply to evidence-based practice their knowledge derived from the study of human development, individual differences, maladaptive behavior, and pathology.
- 1.4. Apply legislative, ethical and professional standards to legal and ethical issues of practice such as those involving insurance, technology, and privacy.
- 1.5. Apply evidence-based practice to assess and define problems and to develop and implement interventions relying on their knowledge of theories and methods.
- 1.6. Effectively communicate their assessment and conceptualization to consumers and other professionals.
- 1.7. Evaluate the outcomes of treatments and practices and modify their practice based on that evaluation.

**Evaluation:** Grades for the class will be determined by a joint effort between the University Supervisor and the On-Site Supervisor/Licensed Supervising Psychologist. Each supervisor will provide a grade and the final grade will be determined by higher of the two grades.

For the University Supervisor grade, the Required Activities for Classwork Grades table below will be used. Grades will be based on the average grade for the activities performed.

#### **Practicum Weekly Hour Requirements:**

Each student will be expected to perform a minimum of 5 face-to-face hours of therapy/assessment per week of practicum. These hours need to be supervised by a doctoral-level practitioner as per licensing requirements.

#### **Expectations:**

As a student in this course, you are expected to:

- 1. Complete the *Letter of Agreement* between the Practicum Site and Western Kentucky University and file it with the University Supervisor;
- 2. Complete the Doctoral Psychology Practicum Goals form and file it with the University Supervisor;
- 3. Complete logs of practicum activity to appropriately document your participation. Such logs can be through MyPsychTrack, TimeToTrack, other online tracking programs, or via the log sheets provided on Dr. Grieve's web page;

PSY 791-002 PSY 792-001 3

- 4. Complete at least one assessment through the Psychology Training Clinic;
- 5. Participate in clinical supervision with the Licensed Supervising Psychologist for a time period consistent with licensure;
- 6. Participate in University supervision with the University Supervisor for the specified times;
- 7. Inform the University Supervisor of any problems that develop while completing the practicum experience;
- 8. Participate in didactic case presentations and provide good feedback to other presenters; and
- Demonstrate appropriate professional conduct by adhering to conduct codes and personnel regulations and procedures of the agency where you complete the practicum experience. As a representative of Western Kentucky University, the practicum student has an obligation to perform at the highest level of functioning at all times. This includes adhering to the professional codes of conduct and ethics of psychologists as outlined in the American Psychological Association (APA) and National Association of School Psychologist (NASP) guidelines and the appropriate federal and state laws governing their practice. Practicum students should additionally exhibit good professional skills, professional conduct, and appropriate interpersonal skills.

# **Required Activities for Classwork Grades:**

The following table will be used to calculate student grades in the class. Grades will be determined by calculating the average grade for a student's activities.

Grade	Intervention Hours	Therapy Clients	Assessment Clients	Paperwork	Class Attendance
A	• Complete at least 150 intervention hours	• Document seeing at least 10 different clients; at least 3 of these clients must be diverse from the student	• Participate in 2 assessment batteries	<ul> <li>Turn in the Agreement Form</li> <li>Turn in the Doctoral Psychology Practicum Goals Form</li> <li>Turn in the Supervisor rated Competency Evaluation</li> <li>Complete a reflection paper that details how the student met (or not) the goals set for the practicum</li> </ul>	• Attend 10 classes
В	• Complete at least 125 intervention hours	• Document seeing at least 8 different clients; at least 3 of these clients must be diverse from the student	• Participate in 1 assessment battery	<ul> <li>Turn in the Agreement Form</li> <li>Turn in the Doctoral Psychology Practicum Goals Form</li> <li>Turn in the Supervisor rated Competency Evaluation</li> </ul>	Attend 8 classes
C	• Complete at least 100 intervention hours	Document seeing at least 5 different clients; at least 1 of these clients must be diverse from the student		<ul> <li>Turn in the Agreement Form</li> <li>Turn in the Doctoral Psychology Practicum Goals Form</li> <li>Turn in the Supervisor rated Competency Evaluation</li> </ul>	• Attend 6 classes
D	• Complete at least 75 intervention hours	• Document seeing at least 5 different clients; at least 1 of these clients must be diverse from the student		<ul> <li>Turn in the Agreement Form</li> <li>Turn in the Doctoral Psychology Practicum Goals Form</li> <li>Turn in the Supervisor rated Competency Evaluation</li> </ul>	Attend 4 classes